

RASH GUARD SIZING GUIDE SCUBPARO

Size	Chest in/cm	Waist in/cm	Height ft-in/cm
MEN			
XS	30 - 32 77 - 81	28 - 29 70 - 74	5'5"-5'7" 165 - 170
S	32 - 34 82 - 86	30 - 31 75 - 79	5'7" - 5'9" 170 - 175
M	34 - 36 87 - 91	31 - 33 80 - 84	5'9" - 5'11" 175 - 180
L	36 - 38 92 - 96	33 - 35 85 - 89	5'11" - 6'1" 180 - 185
XL	38 - 40 97 - 101	35 - 37 90 - 94	6'1" - 6'3" 185 - 190
2XL	40 - 42 102 - 106	37 - 39 95 - 99	6'3" - 6'5" 190 - 195
3XL	42 - 44 107 - 111	39 - 41 100 - 104	6'5" - 6'7" 195 - 200
WOMEN			
XS	26 - 28 66 - 70	23 - 25 59 - 63	5'1" - 5'3" 155 - 160
S	28 - 29 70 - 74	25 - 26 63 - 67	5'3" - 5'5" 160 - 165
M	29 - 31 74 - 78	26 - 28 67 - 71	5'5" - 5'7" 1675 - 170
L	31 - 32 78 - 82	28 - 30 71 - 75	5'7" - 5'9" 170 - 175
XL	32 - 34 82 - 86	30 - 31 75 - 79	5'9" - 5'11" 175 - 180

This chart is intended to act as a sizing guide. We recommend that undergarments be tried on to ensure a perfect fit.