



### Undergarment Size Chart

Please use the following size chart to estimate your approximate undergarment sizes. Remember that a snug proper fit is critical to undergarment performance, and that this is no substitute for actually trying a suit on to determine fit and comfort.

	Height	Weight	Chest	Waist	Hips	Inseam
	centimeters	kilograms	centimeters	centimeters	centimeters	centimeters
Small	165-172	61-72	86-96	71-81	86-96	66-73
Medium	170-177	68-80	91-101	76-86	91-101	68-76
ML	176-182	75-86	86-106	81-91	96-106	73-81
Large	180-187	86-98	101-111	86-96	101-111	73-81
XL	185-193	93-105	106-117	91-101	106-117	76-84
XXL	190-198	100-114	111-122	96-106	111-122	79-86